MMK AND SDM MAHILA MAHA VIDYALAYA, MYSORE

Name of the committee- National Service Scheme Unit

Activity Report 2023-24

- 1. Program Title Fit India Rally & RastriyaSarvodaya Day
- 2. Date 31/10/2023
- 3. Time 9 am
- 4. Organized by National Service Scheme unit
- 5. Resource Person Prof. Sainath Malligemadu, Principal, MMK & SDM MMV
- **6. Venue** College premises
- 7. Total no. of participants/ Beneficiaries 46
- 8. Objective -

RastriyaekthaDiwas aims to,

To pay tribute to the legend of India SardarVallabhbhai Patel and acknowledge the
efforts made by him to unite our country.

Fit India Rally aims to

- To promote fitness as easy, fun and free.
- To spread awareness on fitness and various physical activities that promote fitness through focused campaigns.
- 9. Programme details —On October 31st, 2023, the NSS unit of MMK organized a 'Fit India rally' and 'RashtriyaEkta Divas celebration' to commemorate SardarVallabhabai Patel's birth anniversary. The Fit India rally had the aim of spreading health awareness among the public by shouting slogans such as 'Walk for Good Health and Run for Good Health' and also "Unity in Diversity" respectively.

In college premises, a pledge was taken to commemorate RastriyaEkatha Divas. Prof. Sainath Malligemadu launched the rally at the college premises later on. The rally went through RTO Circle and ended up at Ramaswami Circle. Smt. Anitha P Jayaram, NSS coordinator, Sri. BN MarutiPrasanna, NSS member and 46 students were participated in the rally.

10. Outcome/Conclusion- In college premises, a pledge was taken to commemorate RastriyaEkatha Divas. The rally went through RTO Circle and ended up at Ramaswami Circle.

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Fit India Rally 31/10/23 (46)

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3.	22933	Jasher Gangamma	TIBBA	Eq.	
4.	22925	Pratheeksha	IIBBA	P	
5.	22915	Kusuma.	TI BBA	Luma	
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MMK AND SDM MAHILA MAHA VIDYALAYA, MYSORE

NSS Unit

CIRCULAR

Office of the Principal

Date: 28.10.2023

This is to inform the NSS Volunteers that on account of Sarvodaya Day, Fit India Really is arranged by NSS on 31/10/2023. All the NSS Volunteers are hereby instructed to participate the same.

Coordinator

Principal

Mahila Mahavic Surthypuram, Mysore-5

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